

InfoCard at Home and Work



Building Energy Use and Its Impact on the Environment

Did you know that energy use in commercial and industrial buildings is responsible for about 45 percent of U.S. greenhouse gas emissions which contribute to global warming?

The good news is that the opportunity to reduce these emissions is significant, since as much as 30 percent of the energy consumed in commercial and industrial buildings is often wasted. Schools, hotels, hospitals, supermarkets, offices, and manufacturing facilities across the country are reducing their greenhouse gas emissions by increasing the energy efficiency of the buildings where we work, shop, play, and learn — and they need your help!

Use Less, Save More, and Earn the ENERGY STAR

Demand for environmentally friendly buildings is growing, and superior energy efficiency, identified by the ENERGY STAR, is a critical element of green building. Commercial buildings and industrial facilities that earn the ENERGY STAR are the top performers for energy efficiency nationwide and use about 35 percent less energy than average buildings.

Thousands of buildings and a growing number of industrial facilities in all 50 states have earned the prestigious ENERGY STAR for superior energy performance. And you can help make your building one of them!

Help your company reach their energy goals with a few simple tips:

- > Enable the monitor power management function on office computers, which automatically puts monitors to sleep when not in use. To enable this function, visit www.energystar.gov/index.cfm?c=pm_enable.pr_pm_home_enable.
- > Make sure that areas in front of vents are clear of furniture and paper. As much as 25 percent more energy is required to distribute air if your vents are blocked.
- > Turn off the lights in rooms that are not occupied, or where daylight is adequate. This can reduce lighting expenses by 10 to 40 percent. Also open or close blinds to keep the sun in or out.



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Use Less, Save More, and Earn the ENERGY STAR (cont.)

- > Turn off printers, copiers, and fax machines when they are not in use.
- > Adjust thermostats to avoid conditioning unoccupied spaces when your office is closed.
- > Swap out incandescent light bulbs for ENERGY STAR qualified compact fluorescent light bulbs (CFLs) in your desk, task, and floor lamps.
- > To learn more ways you can save energy while at work, visit:
www.energystar.gov/index.cfm?c=business.bus_index

Use Less, Save More at Home

You can do more at home to save energy and fight global warming with the following simple and easy tips:

- > Replace your home's five most frequently used light fixtures or the bulbs in them with models that have earned the ENERGY STAR.
- > Look for the ENERGY STAR on consumer electronics products.
- > Unplug cell phone battery chargers or power adapters when not in use, and turn off lights when leaving a room.
- > Install a programmable thermostat, which when properly programmed can save about \$100 every year in energy costs.
- > Find and seal air leaks in your home to keep hot air in during the winter and cool air in during the summer.
- > Take the ENERGY STAR Change a Light Pledge at **www.energystar.gov/changealight**, and replace your home's five most frequently used light fixtures or the bulbs in them with models that have earned the ENERGY STAR to save up to \$65 each year in energy costs.
- > Choose appliances that have earned the ENERGY STAR, and you can save \$80 a year in energy costs, while saving the environment.
- > Keep air registers and vents clear to allow air to flow freely throughout the room.
- > To find out more ways you can save energy at home, visit: **www.energystar.gov/home**

